



# This Week At Orwell | Friday 31st January 2025

### The Way To Go - FREE cycling and walking activities to keep you well and active

Did you know there are free cycling and walking activities to keep you well and active, in association with Suffolk Country Council? "The Way to Go" is a series of regular group activities across Ipswich and Lowestoft, which allows you to get involved with other like minded people. Activities include "Cuppa and a stroll", "Learn to ride", and "Introductory to walking" and are a great way to get some fresh air, exercise and meet new people. To sign up to a session near you please click here.

#### My Orwell Voice Prize Draw - Ends Soon!

Register to My Orwell Voice for a chance to win £100 Love2Shop voucher! Last week we reached out to customers who were yet to register for our digital platform My Orwell voice, to encourage them to take a look but also to remind customers they will be entered into a draw to £100 Love2Shop voucher if they register before Friday 31st January!

To enter, please visit >> <a href="https://www.myorwellvoice.co.uk">www.myorwellvoice.co.uk</a>



### Love a sing-song? Join ActiveSingers in Ipswich

ActivSingers – A new Ipswich singing group is being formed in 2025 by the team at ActivLives. Come along for the FREE taster session on Friday, 14th February, 10am - 12 noon at Pinewood Community Hall, Laburnum Laburnum Close, Pinewood, Ipswich, IP8 3SL. Please call Julie Stokes on 01473 345350 for more information.





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#### This week's Kind Words

Orwell believes that our customers are at the heart of our business, and we want to ensure we are engaging with them effectively.

We carry out a number of transactional surveys, one of which is a survey when our customers are let a new home. The survey asks our customers about their experience of the lettings process, the condition of their property and the helpfulness and communication of staff.

Every completed survey is entered into a monthly prize draw to win one of two £100 vouchers.

This week we have some recent feedback from our Extra Care schemes:

For the staff at Levington Court:

"I cannot think of a single thing that could have been carried out more professionally. I now have a wonderful home with good neighbours and excellent and attentive staff. I really couldn't ask for anything more. Thank you"

For the staff at Steeple View

"I am filling this in for my mother as she in unable to do it. I organised everything for my mother and found that all the staff at Steeple View were helpful, friendly, professional and supportive. They made a difficult time so much easier and I am very grateful. Please pass on my thanks although I hope mother and I have told them how special they are".